

Activities Offered

**Experiential Learning*

Minimum of 12. We suggest all group members participate. WinShape Wilderness is a ministry at WinShape Retreat that uses an outdoor-adventure setting of experiential learning with options of a challenge ropes course and ground activities to teach principles of effective relationships in marriage and leadership teams. A challenge course experience gives opportunity for a couple or a group of people to become a team through engaging in shared experiences while learning about themselves and the others around them. This hands on, experiential approach turns activities into analogies and brings to light real life application that can be taken away and put to use. \$25 - 3 hour program (9-noon or 1-4 pm)

Bicycles

No minimum number of riders is required. Participants can choose from a 24-speed bike or a tandem bike for two. Enjoy beautiful Berry College scenery from miles of paved roads and the paved Viking Trail leading to main campus. WinShape Staff will familiarize you with your bike and review all safety concerns. Bikes are available through the Front Desk at a first come / first served basis.

*All bikes: \$10 per person per two hour bike ride
\$15 per couple per two hour bike ride

Horseback Riding

Saturdays only. Maximum per ride is 10; Minimum per ride is 4. Another option to see the lovely countryside is by horseback. A guide will lead you across a sample of Berry's 26,000 acres at a very leisurely pace.

One-hour ride charge is \$40 (Includes the Old Mill and Possum Trot).

Two-hour ride charge is \$80 (Includes the Old Mill, the reservoir, and Possum Trot).

Hours available: Between 1:00-5:00 pm. Weight limits of riders may apply.

Based on availability of the Berry Equestrian team & Gunby Horse Center.

**Massages*

Minimum of 6 half hour massages per day. Treat yourself to a relaxing massage without leaving the retreat center. A licensed Massage Therapist will be located in the Solaire to perform 30 minute or 1 hour massages.

Half-hour massage charge is \$55

One-hour massage charge is \$85

**Pottery*

Minimum of 4 pottery reservations is required to secure our Master Potter. Maximum number of pottery guests that can throw/glaze at one time is 4. When guests create a piece of pottery during free time, they will build their own piece on a potter's wheel with the assistance of our Master Potter. The piece will then be fired later and shipped to the guest. This vessel will be a reminder and testimony of God's work while at WinShape Retreat.

Hand throwing 1 piece of pottery:

\$40 per piece/per individual (approximately one hour)

Tennis, Disc Golf & Flag Football

2 tennis courts are available down the hill at the WinShape Centre. Tennis rackets can be checked-out at the Grand Chalet Front Desk at no charge on a first come/first served basis. We also have a field for Flag Football & a Disc Golf Course! (Flags & Frisbees provided)

Berry Tours

Guided Tours are available to any or all of the following special interest sites at Berry College: Oak Hill & Martha Berry Museum (\$4), House O'Dreams, Possum Trot, Frost Chapel, Water Wheel, and various other sites.

*All reservations need to be received three weeks in advance and are based on availability.

